

# Family Life Exam

## Family Life Badge Req. 1

Prepare an outline and discuss with your merit badge counselor what a family is and how the actions of one member can affect other members.

01. The outline requested in requirement 1, above, can best be defined as a: [ Make Best Choice ]

- a. fishing line set out overnight, a trotline.
- b. preliminary account of a project or plan.
- c. style of drawing in which contours are marked without shading.
- d. summary of a written work to indicate the principal features of different parts.
- e. line marking the outer limits or edges of a body, object, figure or mass, a boundry.

02. The Topic of my outline is: [ Make Your Best Choice ]

- a. Family.
- b. What a Family Is.
- c. Discussion of What a Family Is.
- d. My Merit Badge Counselor's Family Is.

03. Following the Topic of my outline are the \_\_\_\_\_. [ Make Your Best Choice ]

- a. highlights I want the Counselor to Remember
- b. main points and/or ideas like Members, Activities, Types, etc.
- c. names and gender of each member and their relationship to me
- d. Supporting Evidence and/or Additional Information like Trips, Stepfather, Names, Foster Home, etc.

04. Directly below my Main Points in the Body of my outline \_\_\_\_\_ are listed. [ Make Your Best Choice ]

- a. family members
- b. less significant ideas
- c. family council agenda items
- d. Supporting Evidence and/or Additional Information like Trips, Stepfather, Names, Foster Home, etc.

05. Outlines list the more specific information above the items that are more descriptive.  
 True  False

06. In the outline format shown below, my Main Topic location follows the: [ Make Best Choice ]

a. I.

b.           A.

c.                   1.

d.                   2.

e.           B.

f.                   1.

g.                   2.

h. II.

07. The following actions of one family member can affect other members: [ Mark all that Apply ]

a. being loving.

b. being patient.

c. respecting others.

d. doing a good deed daily.

e. being uncaring or selfish.

f. setting the good example.

g. practicing sincere smiling.

h. earning the trust of others.

i. sending clear "I" messages.

j. expressing a willingness to help.

k. accepting others unconditionally.

l. maintaining an agreeable attitude.

m. listening with ears, mind, and heart.

n. maintaining high levels of self-esteem.

o. speaking kind words with a kind voice.

p. keeping the lines of communication open.

q. looking for the good things in other members.

r. taking a fair share of the tasks, and personal feelings/behaviors responsibility.

08. I have prepared my outline and discussed it with my counselor.  True  False

**Family Life Badge Req. 2**

List ten reasons why you are important to your family. Review these points with your parents or guardians and with your merit badge counselor.

09. Indicate with a check mark your ten reasons why you are important to your family. [ Mark Only Ten ]

- a. Living the Scout Law.
- b. Helping around the house.
- c. Offering help without being asked.
- d. Setting a good example by the way I live.
- e. Communicating to others that I care about them.
- f. Showing appreciation to those who do things for me.
- g. Helping support and maintain positive family traditions.
- h. Using my unique talents, gifts, or strengths in a positive way.
- i. Reading or teaching worthwhile things to younger family members
- j. Being dependable and counted upon to perform as I have promised or said.
- k. Being prepared and helping family, friends, and neighbors during emergencies.
- l. Making others enjoy being with me by maintaining a cheerful, optimistic attitude.

10. My parents or guardians and I have reviewed my reasons marked in question 09.  
 True  False

11. My merit badge counselor and I have reviewed the ten reasons in question 09.  
 True  False

**Family Life Badge Req. 3**

Prepare a list of your regular home duties or chores (at least five) and do them for ninety days. Keep a record of how often you do each of them.

12. Regular duties I choose to do and record when I do them for a ninety day period are: [ Mark all that Apply ]

- |  |   |
|--|---|
| <input type="checkbox"/> a. Yard cleanup.                            | <input type="checkbox"/> b. Shining shoes.                            |
| <input type="checkbox"/> c. Vacuuming rugs.                          | <input type="checkbox"/> d. Snow removal.                             |
| <input type="checkbox"/> e. Bringing in the mail.                    | <input type="checkbox"/> f. Lawn Maintenance.                         |
| <input type="checkbox"/> g. Cleaning my bedroom.                     | <input type="checkbox"/> h. Cleaning the bathroom.                    |
| <input type="checkbox"/> i. Ironing my own clothes.                  | <input type="checkbox"/> j. Tutoring younger siblings.                |
| <input type="checkbox"/> k. Filling empty ice cube tray(s)           | <input type="checkbox"/> l. Bringing in the newspaper.                |
| <input type="checkbox"/> m. Dusting and waxing furniture.            | <input type="checkbox"/> n. Setting the table for family meals.       |
| <input type="checkbox"/> o. Caring for family garden or plants.      | <input type="checkbox"/> p. Help prepare food for family meals.       |
| <input type="checkbox"/> q. Doing or assisting with the laundry.     | <input type="checkbox"/> r. Cleaning & washing family vehicle(s).     |
| <input type="checkbox"/> s. Hanging up clothes after each day's use. | <input type="checkbox"/> t. Feed and care for family pets or animals. |
| <input type="checkbox"/> u. Remove trash and garbage from the home.  | <input type="checkbox"/> v. Washing, drying, and putting away dishes. |
| <input type="checkbox"/> w. Other: <input type="text"/>              | <input type="checkbox"/> x. Other: <input type="text"/>               |
| <input type="checkbox"/> y. Other: <input type="text"/>              | <input type="checkbox"/> z. Other: <input type="text"/>               |

13. List your most valuable duties or chores a through e below:

- |  |                                   |
|--|-----------------------------------|
| <input type="checkbox"/> a. Name: <input type="text"/> | Description: <input type="text"/> |
| <input type="checkbox"/> b. Name: <input type="text"/> | Description: <input type="text"/> |
| <input type="checkbox"/> c. Name: <input type="text"/> | Description: <input type="text"/> |
| <input type="checkbox"/> d. Name: <input type="text"/> | Description: <input type="text"/> |
| <input type="checkbox"/> e. Name: <input type="text"/> | Description: <input type="text"/> |

14. Use the chart below to record each time you complete a duty or chore by checking the box[s] a through e as appropriate from your answers to question 13 for ninety days.

Enter the date for each day's accomplishment.







<b>Day 85</b>	<b>Day 86</b>	<b>Day 87</b>	<b>Day 88</b>	<b>Day 89</b>	<b>Day 90</b>	<b>- Finished -</b>
Date: _____	Date: _____	Date: _____	Date: _____	Date: _____	Date: _____	
Duty	Duty	Duty	Duty	Duty	Duty	
Completed:	Completed:	Completed:	Completed:	Completed:	Completed:	
a. ____	a. ____	a. ____	a. ____	a. ____	a. ____	
b. ____	b. ____	b. ____	b. ____	b. ____	b. ____	
c. ____	c. ____	c. ____	c. ____	c. ____	c. ____	
d. ____	d. ____	d. ____	d. ____	d. ____	d. ____	
e. ____	e. ____	e. ____	e. ____	e. ____	e. ____	

**Family Life Badge Req. 4**

With the approval of your parents/guardians and your merit badge counselor, decide on and carry out a project that you would do around the house that would benefit the family. Submit a report to your merit badge counselor outlining how the project benefited the family.

15. My chosen beneficial family, around the house project involves:

- |   |  |
|---|--|
| <input type="checkbox"/> a. Cleaning out the attic or basement.                             | <input type="checkbox"/> b. Touch-up painting.                       |
| <input type="checkbox"/> c. Defrosting the refrigerator or freezer.                         | <input type="checkbox"/> d. Cleaning the oven.                       |
| <input type="checkbox"/> e. Inspecting the house for fire hazards.                          | <input type="checkbox"/> f. Shampooing a rug.                        |
| <input type="checkbox"/> g. Installing & removing holiday decorations.                      | <input type="checkbox"/> h. Cleaning the porch.                      |
| <input type="checkbox"/> i. Planting flowers or herbs in a window box.                      | <input type="checkbox"/> j. Mulching the garden.                     |
| <input type="checkbox"/> k. Installing at least two grab bars in the bath.                  | <input type="checkbox"/> l. If it's squeaking, oil it!               |
| <input type="checkbox"/> m. Wrapping and delivering holiday packages.                       | <input type="checkbox"/> n. Cleaning and inspecting gutters.         |
| <input type="checkbox"/> o. Cleaning or replacing lint & furnace screens.                   | <input type="checkbox"/> p. Making an emergency survival kit.        |
| <input type="checkbox"/> q. Sorting, reorganizing drawers, closets or cabinets.             | <input type="checkbox"/> r. Checking space heaters for safety.       |
| <input type="checkbox"/> s. Clearing all exits & hallways & make easy to navigate.          | <input type="checkbox"/> t. Securing doormats to floor surfaces.     |
| <input type="checkbox"/> u. Installing lever-type faucets, door latches, & appliances.      | <input type="checkbox"/> v. Changing screens to storm windows.       |
| <input type="checkbox"/> w. Weatherizing house by weather-stripping doors & windows.        | <input type="checkbox"/> x. Cleaning the curtains, blinds or drapes. |
| <input type="checkbox"/> y. Other: <input style="width: 400px; height: 20px;" type="text"/> |  |

16. My parents/guardians and my merit badge counselor have approved my project.  
 True  False

17. The best topic for my report outline is:

- a. Family Project
- b. What a Project Is
- c. Benefits of My Family Project
- d. My Merit Badge Counselor Report

18. I have created a report in outline form and submitted it to my counselor.  True  False

**Family Life Badge Req. 5**

Plan and carry out a project that involves the participation of your family. After carrying out the project, discuss the following with your merit badge counselor:

- a. The objective or goal of the project.
- b. How individual members of your family participated.
- c. The results of the project.

19. The family participation project I have chosen involves:

- |  |   |
|--|---|
| <input type="checkbox"/> a. Recycling.   | <input type="checkbox"/> b. Reading a Novel.                  |
| <input type="checkbox"/> c. A New Tradition.   | <input type="checkbox"/> d. Helping the Needy.                |
| <input type="checkbox"/> e. A Company Picnic.  | <input type="checkbox"/> f. Climbing a Mountain.              |
| <input type="checkbox"/> g. Learning a Skill or Craft.                                 | <input type="checkbox"/> h. Garage or Yard Sale.              |
| <input type="checkbox"/> i. Preparing a Time Capsule.                                  | <input type="checkbox"/> j. Playing a Board Game.             |
| <input type="checkbox"/> k. Creating a Family Web Site.                                | <input type="checkbox"/> l. Building a Sand Castle.           |
| <input type="checkbox"/> m. A Competitive Athletic Event.                              | <input type="checkbox"/> n. Cooking a Special Meal.           |
| <input type="checkbox"/> o. Searching for Buried Treasure.                             | <input type="checkbox"/> p. Planting for Beautification.      |
| <input type="checkbox"/> q. Planning and Conducting a Trip.                            | <input type="checkbox"/> r. Street-side Litter Removal.       |
| <input type="checkbox"/> s. Experiencing Different Modes of Transportation.            | <input type="checkbox"/> t. Family History Documentation.     |
| <input type="checkbox"/> u. Cutting and Splitting Lumber for Seasonal Needs.           | <input type="checkbox"/> v. Planning and Conducting a Hike.   |
| <input type="checkbox"/> w. Canning, Preserving, or Freezing Fruits and/or Vegetables. | <input type="checkbox"/> x. Writing and Filming a Home Video. |
| <input type="checkbox"/> y. Other: <input type="text"/>                                |   |

20. I discussed the objective or goal of my family project with my merit badge counselor.  
 True  False

21. There were  members, including myself, participating in the family project.
22. The results of the family project were discussed with my merit badge counselor.  
 True  False

**Family Life Badge Req. 6**

Do the following:

- (a) Discuss with your merit badge counselor how to plan and carry out a family council.
- (b) After this discussion, plan and carry out a family council to include the following subjects:
- (1) How to avoid the use of drugs and drug abuse.
- (2) Understanding the growing-up process, how the body changes, and making responsible decisions dealing with sex.
- (3) Personal and family finances.

23. The elements necessary to plan a family council are: [ Mark all that Apply ]

- a. A Written Record.
- b. Pre-arranged Time.
- c. Pre-arranged Place.
- d. Discussion Leader.
- e. Leadership Rotation.
- f. Every Family Member Included.
- g. All Attendees Encouraged to Talk but not Forced.
- h. An Agenda (List of Situation Topics for Discussion)

24. The elements necessary during a family council are: [ Mark all that Apply ]

- a. A Written Record.
- b. All Attendees Listening.
- c. Leader Opens with Good Comment.
- d. All Attendees Encouraged to Talk but not Forced.
- e. Select Best Solutions Favorable to the Most Members.
- f. See the Situation from the Other Members Point of View.
- g. Ask "What If" Questions to Find as Many Solutions as Possible.

25. I discussed with my merit badge counselor how to plan & carry out a family council.

True  False

26. I have planned and carried out a family council including the following subjects: [ Mark all that Apply ]

a. The Scout Law.

b. Family Finances.

c. Personal Finances.

d. Avoiding Drug Abuse.

e. Man's Inhumanity to Man.

f. Avoiding the Use of Drugs.

g. Understanding how the Body Changes.

h. Understanding the Growing-Up Process.

i. Dragon Flies and their Medicinal Qualities.

j. Understanding the Making of Responsible Decisions Dealing with Sex.

Scout's Name:  Troop Number:  Today's Date: